

April 2018

*Appreciating Ourselves, Our School, and
the World*



YEAR 2

APRIL THEME

Connecting with Others and Being a Leader

APRIL VIRTUE & SKILLS

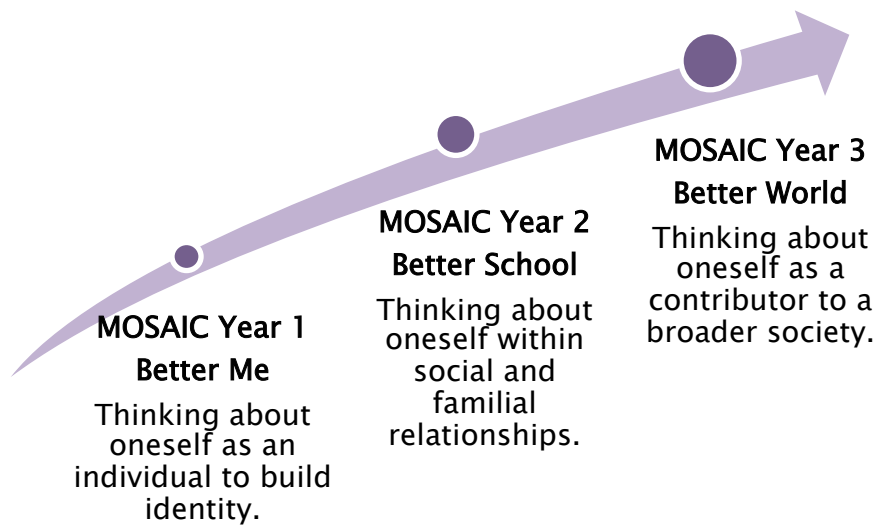
Virtue:

Compassionate Forgiveness

Skills:

Emotion Regulation & Empathy

MOSAIC BY YEAR



MOSAIC Virtues & Skills

Positive Purpose

Supporting Virtues

- 1) Constructive Creativity
- 2) Helpful Generosity
- 3) Optimistic Future-Mindedness
- 4) Responsible Diligence
- 5) Compassionate Forgiveness and Gratitude

Supporting Skills

- 1) Emotional Regulation
- 2) Communication
- 3) Empathy
- 4) Social Problem Solving

MOSAIC VIRTUES & SKILLS BY MONTH

MONTH	THEME	VIRTUE	SKILLS
September	<i>Why are we here: Finding Our Positive Purpose</i>	Introduction to Positive Purpose	Communication & Social Problem Solving
October	<i>What Kind of Person Do I Want to Be?</i>	Virtue Identification	Skill Identification
November	<i>Making Ourselves, School, and World Better</i>	Constructive Creativity	Communication & Social Problem Solving
December	<i>Giving Back to Ourselves, School, and World</i>	Helpful Generosity	Communication & Social Problem Solving
January	<i>Planning for the Future</i>	Optimistic Future-Mindedness	Empathy & Social Problem Solving
February	<i>Showing Resilience and Overcoming Obstacles</i>	Responsible Diligence	Emotion Regulation & Social Problem Solving
March	<i>Appreciating Ourselves, Our School, and the World</i>	Compassionate Gratitude	Communication & Empathy
April	<i>Connecting with Others and Being a Leader</i>	Compassionate Forgiveness	Emotion Regulation & Empathy
May	<i>Looking Forward: Next Steps on the Journey</i>	Positive Purpose	Communication & Social Problem Solving
June	<i>Looking Back: What Have I Accomplished? What Have I Learned?</i>	All Virtues Summary	All Skills Integrated

MOSAIC in April

Year 2 Curriculum

7th grade students

April Activity 1: Intro to Compassionate Forgiveness

Day 1: Introduce Theme and Oprah's Story

Day 2: Apply Compassionate Forgiveness to Life

Day 3: Respectful Debate

Day 4: Gratitude/Forgiveness Venn Diagram and Throughline

April Activity 2: Combat Stress and Leadership Project

Day 5: Power Posing and Self-Talk

Day 6: Oprah's Compassionate Forgiveness

Day 7 & 8: Compassionate Forgiveness and Leadership Project

April Activity 3: Students Taking Action Together

Day 9: STAT Check-in

April Activity 4: Bi-monthly Reflection & Feedback

Day 10: Reflection & Feedback for March/April

THINGS TO LOOK FOR IN APRIL

Ambassadors: Ambassadors will lead a STAT Check-in on Day 9. Look ahead to prepare them for this day.

DAY 3: *Respectful Debate*

STEP 1. Introduce Respectful Debate Format (1-2 min)

- Explain, *“The class will be divided into two sides. I will give you a position on a debate topic. Then each side of the class will share an opinion. Then, each side of the class will need to respectfully disagree with the other side and support your position with some examples.”*
- Tell students, *“By practicing defending your position—even for opinions you don’t agree with—you will practice disagreeing while still speaking in a friendly manner.”*
- Say, *“Now we are going to set norms for the discussion. What is important to remember when debating with others?”*
 - Examples: acknowledge other opinions, no interrupting, etc.

STEP 2. State Debate Topic (1-2 min)

- Choose one debate topic from the list below:
 - *It is important to be forgiving in order to connect with others.*
 - *I feel that I am able to understand the needs of others and the feelings they experience.*
 - *If someone is truly sorry and asks for forgiveness, I will forgive them no matter what they have done.*
 - *It is impossible to have a good relationship with others without forgiving them for everything they have done wrong.*
 - *How I feel about someone depends more on their past actions than their present actions.*

- *Compassionate Forgiveness is an important part of showing leadership.*
- *Create your own debate topic!*



- Have students write the debate topic in their MOSAIC Journals.

STEP 3. Brainstorm (3-4 min)

- Divide class into two teams and assign teams to one opinion for the debate topic.
- Tell students, *“You have 3 minutes to write down as many examples as you can to support your position.”*
- Circulate and help the teams select a note-taker and a speaker. Help the teams come up with examples to support their position.

STEP 4. Facilitate the Debate (4-6 min)

- Begin debate by explaining, *“Each side will need to give their position and support with one example. Then we will go back and forth so that each side respectfully disagrees and provides another example.”*
- Each side shares positions:
 - Side 1 shares their position, supported by one example.
 - Side 2 shares their position, supported by one example.
- Respectfully disagree:
 - Side 1 respectfully disagrees, supported by another example.
 - Side 2 respectfully disagrees, supported by another example.
- Repeat. Help summarize the positions and examples so that students are able to follow the debate.
- Wrap up and Notice Successes: Congratulate both sides. Describe how you saw your students deal with setbacks and failures during the debate.